## **FREE Community Blood Screenings**



GRANDE RONDE

First Come—First Served! Testing limited to 100 people\* per location. NO APPOINTMENT! NO COST TO YOU!

Hemoglobin & Hematocrit—Red Blood Cell screening for Anemia/Polycythemia

Cardiac Lipid Panel—Cholesterol, HDL, LDL, & Triglycerides

Glucose—Blood Sugar Count

ELGIN - Friday, April 12th — 7 am-10 am GRH Elgin Clinic: 570 S. 8th St. in Elgin

UNION - Saturday, April 13th —7 am-10 am GRH Union Clinic: 142 E. Dearborn St. in Union

LA GRANDE - Saturday, April 27th —7 am-10 am GRH Regional Medical Clinic : 506 4th St. in La Grande

DRINK PLENTY OF WATER. \*Testing available to those 18 & older.

NO food 9-12 hours prior to the draw for optimum test results.

**Questions? Call GRH Public Relations at** 

541.963.2963 or 541.963.1418.